Integrative Therapies Algorithm for Cancer Pain

Population: Patients with cancer experiencing pain

Symptom Setting
- Aromatase inhibitor-related joint pain
  - Acupuncture: I, M
  - Yoga: I, W
- General cancer pain or musculoskeletal pain
  - Acupuncture: I, M
  - Reflexology: I, M
  - Massage: L, M
  - Yoga: L, W
  - Guided imagery with progressive muscle relaxation: L, W
- CIPN
  - Acupuncture: L, W
  - Reflexology: L, W
- Procedural pain
  - Hypnosis: I, M
- Surgical pain
  - Acupuncture: L, W
  - Music: L, W
- Pain during palliative care
  - Massage: I, M
- Pain during radiation therapy or oral mucositis
  - Insufficient/inconclusive evidence for any integrative therapy
- Pediatric cancer
  - Insufficient/inconclusive evidence for any integrative therapy

Abbreviations. CIPN, chemotherapy-induced peripheral neuropathy; I, intermediate; L, low; M, moderate; Rec., recommendation; W, weak

Note. Definitions for the quality of the evidence and strength of recommendation ratings are available in the guideline publication; accessible via asco.org/survivorship-guidelines.

This algorithm is derived from recommendations in Integrative Medicine for Pain Management in Oncology: SIO-ASCO Guideline. This is a tool based on a SIO-ASCO Guideline and is not intended to substitute for the independent professional judgment of the treating physician. Practice guidelines do not account for individual variation among patients. This tool does not purport to suggest any particular course of medical treatment. Use of the guideline and this tool are voluntary.

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