PRIVATE PAYERS: TELEMEDICINE AND TELEHEALTH

Updates and Information

Prepared and updated by the American Society of Clinical Oncology (ASCO)
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<td><strong>COVID-19: Telemedicine FAQs (Updated 6.5.20)</strong></td>
<td>For Medicare members, primary care and behavioral health telemedicine visits are covered with no cost-sharing to the member through September 30, 2020. Aetna reimburses all providers for telemedicine at the same rate as in-person visits.</td>
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<td>Medicaid providers are encouraged to check with their state Medicaid agency for more information on regulations pertaining to telehealth guidelines.</td>
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<td>Telephone only services 99441 – 99443 are now set to equal 99212 – 99214 (e.g. 99441 is set to equate to 99212). This change will remain in effect until further notice.</td>
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<td>Please note, for telephone only codes (98966-98968, G2010, G2012), there are reimbursement rates in the fee schedule that are not the same as E&amp;M office visits 99201- 99215. Given those telephone only codes do not equate to an office visit, they will not result in an office visit reimbursement rate.</td>
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<td>Blue Cross Blue Shield</td>
<td><strong>Media Statement: Blue Cross and Blue Shield Companies Announce Coverage of Telehealth</strong></td>
<td>All 36 independently - operated BCBS companies and the Blue Cross and Blue Shield Federal Employee Program® (FEP®) are expanding coverage for telehealth services for the next 90 days. The expanded coverage includes waiving cost-sharing for telehealth services for fully-insured members and applies to in-network telehealth providers who are providing appropriate medical services.</td>
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<td>Association</td>
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# COVID-19: Easing administrative burdens for healthcare workers

Amidst the COVID-19 pandemic, many providers lack the necessary resources to effectively triage and treat the increasing volumes of patients. Blue Cross Blue Shield (BCBS) companies across the country are taking action to speed care to patients and support doctors and hospitals on the front lines of the pandemic.

BCBS companies are helping healthcare professionals focus on care by waiving or eliminating prior authorizations, suspending clinical review requirements and providing much-needed digital resources. These digital solutions include platforms to enable telehealth services, systems and applications that support patient assessment and triage and online support.

Providers will need to check the [BCBS payer](#) they are contracted with for further guidance.

| CIGNA | **Cigna’s Response to COVID-19 (Updated 6.1.20)** | COVID-19 Telehealth Services  
In and out-of-network providers can be reimbursed for telehealth services related to COVID-19. Customer cost-share (if applicable depending on the customer’s benefit plan) is waived for these visits until 12/31/2020.  

Non COVID-19 Telehealth Services  
In-network Providers. Effective 6/1/2020, Cigna is waiving customer cost-share for non-COVID-19 related telehealth services when the service is performed by a contracted provider. Customer-cost share is waived until 12/31/2020. Customer cost-share applies for non COVID-19 related telehealth services received prior to 6/1/2020.  

| Geisinger Health Plan | **Coronavirus Update for Providers (Updated 6.4.20)** | GHP will cover telehealth services and member costs will be waived for telehealth visits through July 31, 2020. Members can receive telehealth services through their in-network provider or through Teladoc. |
GHP will cover and waive member cost sharing for any in-network providers who offer telehealth and virtual care services that allow members to avoid unnecessary trips to the office. This includes telehealth services for any physical or behavioral health diagnosis, virtual screenings for COVID-19, and other routine medical needs such as cold, flu, allergy, rash, sinus infection, etc.

**Telehealth billing advice**
To bill standard E&M codes or outpatient behavioral health therapy codes as telehealth services, providers should both:

- Bill the same location code that would be billed for an in-person visit, and
- Add modifier 95 to indicate telehealth services.

Providers can also choose to continue billing telehealth services with location code 02. Services billed with location code 02 are generally paid at a lesser rate. For a brief virtual visit, bill code G2012.

Medicare has approved the initial Annual Wellness Visit (AWV) code G0438 as a telehealth service. GHP will also accept subsequent AWV code G0439 as a telehealth service for Geisinger Gold members.

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As telemedicine visits may help limit the spread of the disease, Harvard Pilgrim is emphasizing telemedicine services to our members and expanding the scope of our telemedicine coverage for telephone only, audio/video, and e-visits. Harvard Pilgrim has developed an interim Telemedicine and Telehealth Payment Policy to provide guidance for providers and office staff, including billing/coding guidance for commercial products. Please refer to CMS guidelines for billing instructions for Medicare Advantage.

To support providers with caring for their Humana patients while promoting both patient and provider safety, Humana has updated their existing telehealth policy. At a minimum, Humana will always follow CMS telehealth or state-specific requirements that apply to telehealth coverage for insurance products. This policy will be reviewed periodically for changes based on the evolving COVID-19 public health emergency and updated CMS or state specific rules based on executive orders. Please refer to the applicable CMS or state specific regulations prior to any claim submissions and check the page regularly for the latest information.
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<td><strong>Molina COVID Telehealth Billing Policy-Physical Health (Updated 5.19.20)</strong></td>
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Kaiser members can access care through several forms of telemedicine, including phone and email. Go to [https://healthy.kaiserpermanente.org/get-care](https://healthy.kaiserpermanente.org/get-care) and select the region for specific information.

Kaiser is proactively extending the use of telehealth appointments via video and phone where appropriate.

If you provide virtual care, Kaiser Permanente covers telehealth, telemedicine and virtual medicine delivered by contracted providers that meet our published payment policies. Please refer to our Telehealth Services (Medicare), Telemedicine Services (Commercial), and Virtual Care payment policies for details.

Molina will pay providers for a variety of modalities in lieu of in-person visits to support evaluation, assessment and treatment of members. These modalities include telemedicine for HIPAA compliant, interactive, real-time audio and video telecommunications, which are already covered, and other forms of telehealth such as online digital exchange through a patient portal, telephone call, FaceTime, Skype or email.

When billing for telehealth for all lines of business for Molina Healthcare:

- As you provide telehealth services to your patients who are our members, please bill as you normally would but use POS 02. The claims will process for payment at the same rate as regular, in-person visits. Cost share will apply if applicable.
- This guidance applies to Physicians, Physician Assistants, Nurse Practitioners, Psychologists, Licensed Clinical Social Workers (LCSW), Licensed Professional Counselors (LPC), Board Certified Behavioral Analysts (BCBA), and Board-Certified Behavioral Analysts-Doctoral (BCBA-D) only.
- This also applies to Rural Health Clinics, Federally Qualified Health Centers, Indian Health Service Clinics, and Community Mental Health/Private Mental Health facilities.

- The provider types listed above should bill with the E&M Code that represents the level of work most...
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The following telehealth/telemedicine policy has been implemented for all Tufts Health Plan products to prevent members from needing to leave their home to receive care. This policy applies for all diagnoses and is not specific to a COVID-19 diagnosis.

- Tufts Health Plan will compensate in-network providers at 100% of their contracted rate for services rendered in person, as specified in provider agreements. The telehealth reduction will not apply.
- Out-of-network (OON) providers will be reimbursed using Tufts Health Plan's standard processes for reimbursing OON claims. Members are encouraged to see in-network providers, wherever possible. However, this policy applies to in-network and OON providers.
- Plans which require referrals and/or authorizations to see OON specialists continue to require referrals and/or authorizations for telehealth services, unless services are related to the following:
  - COVID-19
  - Inpatient care
  - Post-acute care, including inpatient rehab, skilled nursing facilities, long-term acute care (LTAC), and/or home care following an inpatient admission
  - Primary care or outpatient behavioral health services
- All Tufts Health Plan contracting providers, including specialists and urgent care facilities, may provide telemedicine services to members for all medical (well visits/preventive and sick visits), behavioral health, ancillary health and home health care visits (i.e., skilled nursing, PT, OT and ST) for both new and existing patients. Prior authorization is not required.
- Tufts Health Plan will waive member cost share for both in-network and OON telehealth services. This includes both facility and professional services.
Telehealth also includes telephone consultation. Note: For Medicare products, under CMS rules, special codes already exist for certain telephonic services and those codes will be paid at the CMS fee schedule.

- Documentation requirements for a telehealth service are the same as those required for any face-to-face encounter, with the addition of the following:
  - A statement that the service was provided using telemedicine or telephone consult;
  - The location of the patient;
  - The location of the provider; and
  - The names of all persons participating in the telemedicine service or telephone consultation service and their role in the encounter.

- Services covered under telehealth should be clinically appropriate and not require in-person assessment and/or treatment. Tufts Health Plan defers to the provider to make this determination.

### United Healthcare

- COVID-19 Telehealth Services (Updated 5.31.20)
- UnitedHealthcare Telehealth Services: Care Provider Coding Guidance
- COVID-19 Information & Resources

UnitedHealthcare is waiving the Centers for Medicare & Medicaid Services (CMS) originating site restriction:

- For Medicare Advantage plans, including DSNP plans, this waiver is applicable from March 18, 2020 through Sept. 30, 2020. Telehealth services require audio-video communication in accordance with CMS requirements, and audio-only services are covered using audio-only codes.
- For Medicaid plans, they will adhere to state-specific regulations for date expansion, billing and reimbursement. Medicaid state-specific rules for codes, modifiers and place of service apply. Eligible care providers can bill for telehealth services performed using either interactive audio-video or audio only, except in the cases where we have explicitly denoted the need for interactive audio-video, such as with PT/OT/ST, while a patient is at home. The reimbursement policy change applies to services provided to members covered by all Medicaid plans.
- For Individual and fully insured Group Market health plans, this waiver is applicable from March 18, 2020 through July 24, 2020. Eligible care providers can bill for telehealth services performed using either interactive audio-video or audio only, except in the cases where we have explicitly denoted the need for interactive audio-video, such as with PT/OT/ST, while a patient is at home.
### Telehealth State Laws and Reimbursement Policies

Many states and private payers have amended policies regarding telehealth due to COVID-19. A list of COVID-19 related state actions can be found on the Center for Connected Health Policy’s [National Telehealth Policy Resource Center](https://www.conncrt.org/articles/telehealth-policy-resource-center). Be sure to check this page frequently for updates.

### American’s Health Insurance Plans

[Health Insurance Providers Respond to Coronavirus](https://www.asco.org/american-society-clinical-oncology/coronavirus)