Front-Line Pembrolizumab Is Promising Alternative to Chemotherapy for Advanced Gastroesophageal Junction and Gastric Cancers

Summary includes data not in the abstract
June 1, 2019
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ASCO Perspectives

“Chemotherapy has been our only option for many years. These results introduce a potential alternative in pembrolizumab that comes with fewer side effects, and importantly, for some it can greatly extend survival. This opens the door to helping patients live longer and better lives,” said Richard L. Schilsky, MD, FACP, FSCT, FASCO, Senior Vice President and Chief Medical Officer (CMO) of ASCO.

CHICAGO— The KEYNOTE-062 phase III randomized clinical trial achieved its primary endpoint, showing that for patients with PD-L1-positive, HER2-negative, advanced gastric or gastroesophageal junction (G/GEJ) cancer, initial therapy with pembrolizumab (Keytruda) resulted in comparable (non-inferior) overall survival as standard chemotherapy. Additionally, pembrolizumab showed clinically meaningful improvement in overall survival among patients with tumors that had high levels of PD-L1 expression. At two years, 39% of patients (all of whom had high PD-L1 levels) that received pembrolizumab alone were alive, compared with 22% of people who received standard chemotherapy. The trial also evaluated combined treatment with pembrolizumab and standard chemotherapy but found this regimen did not improve survival relative to chemotherapy alone.
“This trial shows that front-line pembrolizumab is effective and could provide a new opportunity for people newly diagnosed with advanced gastric or gastroesophageal junction cancers,” said lead study author Josep Tabernero, MD, PhD, Head of the Medical Oncology Department at the Vall d’Hebron Barcelona Hospital University Hospital and Institute of Oncology, Barcelona, Spain. “There remains a significant unmet need for treatments for these cancers and our results reinforce the importance of continued research in this field.”

Approximately 27,510 new gastric (stomach) cancers and 11,140 deaths from the disease are expected to occur in the United States in 2019. It is the fifth most frequently diagnosed cancer worldwide. GEJ cancer occurs where the esophagus and stomach meet. GEJ, a less common cancer, has seen increasing incidence rates during this decade, particularly in Western nations but the reasons for this increase are not entirely clear.

Pembrolizumab was given accelerated approval by the U.S. Food and Drug Administration in September 2017 for patients with recurrent, locally advanced or metastatic, gastric or GEJ cancer with tumors that express PD-L1 with a combined positive score (CPS) of one or more. The CPS is calculated based on the number of PD-L1 positive cells derived from biopsied tissue and the number of viable tumor cells.

About the Study
The trial enrolled 763 patients with a median age of 62 and 26% had previous gastric surgery to remove a tumor. In total, 69% had gastric cancer and 30% had GEJ cancer, which are typically very similar types of tumors despite their adjacent locations according to Dr. Tabernero. Investigators focused only on HER2-negative cancers, which studies have shown have a higher chance of recurrence after treatment, to limit factors that could affect outcomes.

PD-L1 expression was assessed via CPS. Previous studies of gastric or GEJ cancers have demonstrated that patients with a PD-L1 CPS of one or more may benefit from pembrolizumab, while a PD-L1 CPS of 10 or more indicates a higher likelihood of benefit. In the current trial, all patients had a PD-L1 CPS of one or greater, and 281 (37% of the enrollees) had a score of 10 or more.

The investigators randomly assigned patients, in equal numbers, to receive one of three treatment options as initial therapy: intravenous pembrolizumab, pembrolizumab and chemotherapy, or chemotherapy plus placebo. The patients were followed for a median of 11.3 months.

Key Findings
Treatment with Pembrolizumab Alone: The trial reached its primary endpoint, demonstrating that overall survival for pembrolizumab was non-inferior (comparable) to standard chemotherapy. A
favorable survival outcome was seen among enrolled patients with PD-L1 CPS of 10 or more.

Specific findings include:

- Patients with PD-L1 CPS of one or more: Survival was non-inferior (comparable) to chemotherapy [hazard ratio = 0.91] -- median overall survival was 10.6 months for those receiving pembrolizumab compared with 11.1 months for those who received chemotherapy.
- Patients with PD-L1 CPS 10 or more: Survival with pembrolizumab was superior to chemotherapy [hazard ratio = 0.69] -- median overall survival was 17.4 months for those receiving pembrolizumab compared with 10.8 months for those receiving chemotherapy. After 2 years, 39% of people taking pembrolizumab were alive compared with 22% of those taking chemotherapy.

*Treatment with Pembrolizumab and Chemotherapy:* Overall survival and progression-free survival (time until disease progression), regardless of CPS score, for the combination treatment of pembrolizumab and chemotherapy was comparable to that of chemotherapy alone.

*Safety:* The rates of serious side effects were lowest among patients treated with pembrolizumab alone. Grade 3 or higher toxic treatment-related adverse events were found in 17% of people receiving pembrolizumab, 73% of people receiving pembrolizumab and chemotherapy, and 69% receiving only chemotherapy. The most common adverse events were nausea and fatigue. The safety profile of pembrolizumab was consistent with prior experiences of patients who have been treated with it.

**Next Steps**
The investigators are currently analyzing subsets of the data to determine who benefitted the most. Dr. Tabernero noted that better biomarkers than PD-L1 are needed to truly determine who the best responders might be to pembrolizumab alone, as well as in combination with chemotherapy.

The trial enrolled 58% of patients from North America, Europe, and Australia; 25% from Asia; and 17% from other regions of the world. Prior population-based studies have shown that people from Asia usually have better survival rates for gastric and GEJ cancers, have lower amounts of tumor, and slower disease progression. The researchers are currently analyzing the effectiveness of the medicines based on pre-specified geographical regions.

This study received funding from Merck & Co., Inc.

**Study at a Glance**

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<thead>
<tr>
<th><strong>Study Focus</strong></th>
<th>Advanced gastric or gastroesophageal junction adenocarcinoma</th>
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<tbody>
<tr>
<td><strong>Trial Type</strong></td>
<td>Phase III randomized clinical trial</td>
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<tr>
<td>Patients on Trial</td>
<td>763</td>
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<tr>
<td>Treatment Tested</td>
<td>Pembrolizumab; Pembrolizumab plus chemotherapy; chemotherapy alone</td>
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<td>Primary Finding</td>
<td>Pembrolizumab was comparable to standard chemotherapy in select patients with advanced gastric or gastroesophageal junction adenocarcinoma</td>
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<td>Secondary Finding(s)</td>
<td>39% of patients with HER2-negative, advanced gastric or gastroesophageal junction adenocarcinoma with PD-L1 combined positive scores of 10 or more who received front-line pembrolizumab were alive after 2 years compared with 22% of those who received systemic chemotherapy</td>
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View the full abstract.

For your readers:
- Guide to Esophageal Cancer
- Understanding Immunotherapy
- Guide to Stomach Cancer

View disclosures for the 2019 Cancer Communications Committee:

View disclosures for Dr. Schilsky:

Please note that Dr. Schilsky's research disclosure represents funding to ASCO for the Targeted Agent and Profiling Utilization Registry (TAPUR) clinical trial and includes the dollar value of the study drugs being provided free to patients enrolled in the trial.

ATTRIBUTION TO THE AMERICAN SOCIETY OF CLINICAL ONCOLOGY ANNUAL MEETING IS REQUESTED IN ALL COVERAGE.

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About ASCO:

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