

Breast Cancer Follow Up & Management in the Adjuvant Setting Patient Flow Sheet

Patient Name: _____ DOB: _____ MR#: _____ Date: _____

1. Date of surgery: _____ Chemotherapy end date: _____

2. Date of mammogram leading to diagnosis: _____

3. Definitive radiotherapy completion date: _____

4. Visit frequency for H&P Years 1-3: 3 months 6 months (*circle one*)

Years 4-5: 6 months 12 months (*circle one*)

5. Visit frequency for Mammography: 6 months 12 months (*circle one*)

Yearly Breast Cancer Follow-Up & Management Schedule

Visit Frequency	History & Physical	Mammography
3 rd Month (if applicable)		
6 th Month		
9 th Month (if applicable)		
12 th Month		

■ First post-treatment mammogram should be completed 1 year after the initial mammogram that leads to diagnosis, but no earlier than 6 months after definitive radiation therapy. Subsequent mammograms should be obtained as indicated for surveillance of abnormalities.

■ The risk of breast cancer recurrence continues through **15 years** after primary treatment and beyond.

■ Mammography should be performed yearly if stability of mammographic findings is achieved after completion of locoregional therapy.

■ Patients receiving tamoxifen are at an increased risk for developing endometrial cancer.

■ BSE does not replace mammography as a breast cancer screening tool.

■ The following are **not recommended** for routine breast cancer surveillance: breast MRI, FDG-PET scans, CBC, automated chemistry studies, chest x-rays, bone scans, liver ultrasound, CA 15-3, CA 27.29, CEA.

This flow sheet is derived from recommendations in the 2006 Update of the Breast Cancer Follow-Up & Management Guideline in the Adjuvant Setting. This flow sheet is a practice tool based on ASCO® practice guidelines and is not intended to substitute for the independent professional judgment of the treating physician. Practice guidelines do not account for individual variation among patients. This tool does not purport to suggest any particular course of medical treatment. Use of the practice guidelines and this flow sheet are voluntary. The practice guidelines and additional information are available at <http://www.asco.org/guidelines/breastfollowup>. Copyright American Society of Clinical Oncology 2006